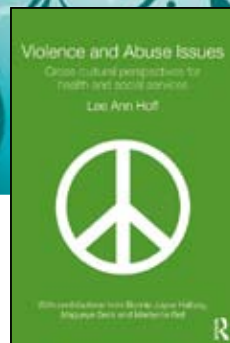
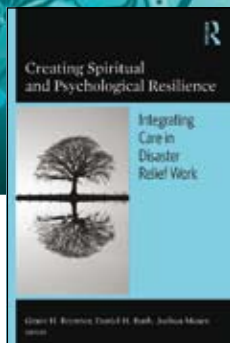
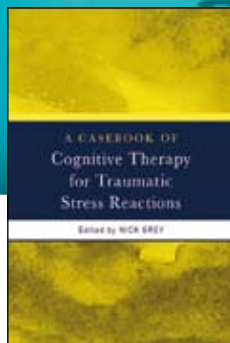
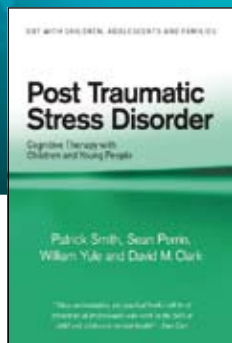


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SERIES EDITOR: CHARLES FIGLEY

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Forthcoming!

Dissociation in Children and Adolescents

Therapeutic Case Studies

Sandra Wieland, in private practice, Centre for Counselling and Therapy, Victoria, British Columbia, Canada

Dissociation in Children and Adolescents provides an excellent learning experience for both beginning and experienced therapists. It begins by providing background information on dissociation among children and adolescents and goes on to present eight therapeutic case studies, detailed narratives that illustrate both the therapy's progression as well as the therapist's reactions and thought process during case development. These case studies present many aspects of working with traumatized children who dissociate – trauma processing, attachment work, work with the family, and interactions with the community. The authors also explain the difficulties they encountered in various therapeutic situations and how and why they arrived at particular therapeutic decisions. Finally, each chapter also includes an analysis of the author's theoretical framework and shows clinicians how to translate the theories of dissociation into practice.

October 2010: 352pp.

Hb: 978-0-415-87749-7: £24.99/\$44.95

Series: *Psychosocial Stress*

Forthcoming!

Trauma, Culture, and Metaphors

Universal Pathways of Coping, Transformation and Integration

John P. Wilson, Cleveland State University, USA, and **Jacob D. Lindy**, Cincinnati Center for Psychoanalysis, Ohio, USA

In this volume, John Wilson and Jacob Lindy explore the language of both individual and collective trauma in an era dominated by globalization and interconnectedness. As Wilson points out in the first chapter, Western psychiatrists have increasingly found that their ideas of trauma were not always easily translated to other cultures.

Through lucid, careful discussion, this important book builds a bridge between the etymology of trauma-related terms commonly used in Western cultures and those of other cultures, such as the Burundi-Rwandan *ihahamuka*. It also provides the clinician with a framework for working with trauma survivors using a cross-cultural vocabulary – one often based in metaphor – to fully address the experienced trauma and to begin work on reconnection and self-reinvention.

September 2010: 352pp.

Hb: 978-0-415-95330-6: £59.95/\$90.00

Pb: 978-0-415-95331-3: £24.95/\$39.95

Series: *Psychosocial Stress*

Forthcoming!

Emotional Traumatization

When the Past Is Always Present

Ronald A. Ruden, internal medicine practice, Manhattan, USA

Emotional Traumatization: When the Past Is Always Present introduces several new ideas about trauma and trauma treatment. The first of these is that another way to treat disorders arising from the mind/brain may be to use the senses. This idea, which at the core of psychosensory therapy, forms what the author considers the "third pillar" of trauma treatment (the first and second pillars being psychotherapy and psychopharmacology). Psychosensory therapy postulates that sensory input – for example, touch – creates extrasensory activity that alters brain function and the way we respond to stimuli. The second idea presented in this book is that traumatization is encoded in the amygdala only under special circumstances. Thus, by understanding what makes an individual resistant to traumatization we can offer a way of preventing it. The third idea is that traumatization occurs because we cannot find a haven during the event. This is the cornerstone of *havingen*, the particular form of psychosensory therapy described in the book. Using evolutionary biological principles and recently published neuroscientific studies, this book outlines in detail how *havingen* touch de-links the emotional experience from a trauma, essentially making it just an ordinary memory. Once done, the event no longer causes distress.

August 2010: 224pp.

Hb: 978-0-415-87564-6: £19.99/\$34.95

Series: *Psychosocial Stress*

Forthcoming!

Families under Fire

Systemic Therapy with Military Families

Edited by **R. Blaine Everson**, Samaritan Counseling Center, Georgia, USA, and **Charles R. Figley**, Tulane University, New Orleans, Louisiana, USA

Families under Fire provides guidelines for systems-based practice for a broad spectrum of civilian mental health practitioners who provide professional services to military personnel, their spouses, and their family members. Civilian practitioners may not be as familiar with the military system and do not receive the same military mental healthcare training as providers on military installations, yet they are increasingly likely to provide services to these families as the provider networks on military bases are overwhelmed by the volume of new cases. The editors provide a nuts and bolts approach to military families utilizing a systems-based practice that is effective with families in the military, regardless of branch of service or the practitioner's therapeutic preference.

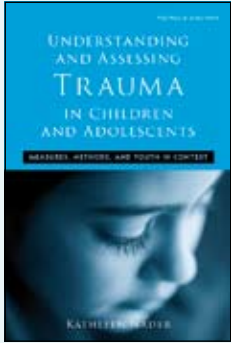
CONTENTS: Introduction. **Part I: Overview Family Systems in the Military.** *Everson, Camp*, Seeing Systems: Introduction to Systemic Approaches with Military Families. *Hall*, The Military Culture, Language, and Lifestyle. **Part II: Systemic Therapy Interventions for Various Military Contexts.** *Everson, Herzog*, Structural Strategic Approaches with Army Couples. *Everson, Herzog, Haigler*, Systemic Therapy with Adolescents in Army Families. *Catherall*, Systemic Therapy with Families of U.S. Marines. *Herzog, Boydston, Whitworth*, Systems Approaches with Air Force Members and their Families. *Sneath, Rheem*, Emotionally Focused Therapy with Army Couples Coping with PTSD. *Smith*, Attachment as a Consideration in Family Play Therapy with Military Families. *Baroody*, Spirituality and Trauma in a Time of War: A Systemic Approach to Pastoral Care and Counseling. *Herzog, Everson*, Secondary Traumatic Stress, Deployment Phase, and Military Families: Systemic Approaches to Treatment. **Part III: Systemic Solutions to the Interpersonal Challenges of Modern**

Military Families. *Matthewson*, In Support of Military Women and Families: Challenges Facing Community Therapists. *Springle, Wilmer*, Painting a Moving Train: Preparing Community Providers to Serve Returning Warriors and Their Families. *Lyons*, Post Deployment: Practical Guidelines for Warrior Loved Ones. *Everson, Figley*, The Long Way Home: The Aftermath of War for Service Members and their Families. Appendix. *Everson, Camp*, Developmental Overview and Brief History of Systemic Family Therapy.

August 2010: 300pp.

Hb: 978-0-415-99847-5: £24.99/\$44.95

Series: *Psychosocial Stress*



Understanding and Assessing Trauma in Children and Adolescents

Measures, Methods, and Youth in Context

Kathleen Nader, Two Suns Childhood Trauma Program, Cedar Park, Texas, USA

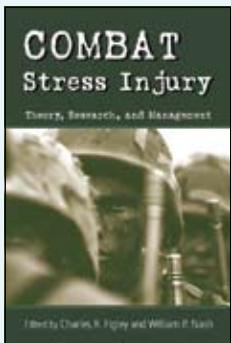
"... a valuable resource for any individual working in the field of child trauma... Kathleen Nader provides an exceptional overview and integration of child trauma topics. Her treatment of contextual considerations synthesizes valuable clinical expertise and, importantly, a well-grounded empirical basis... recommended as a resource for students new to the field as well as experienced child trauma professionals." - Annmarie C. Hulette, Journal of Trauma and Dissociation

In this volume, Kathleen Nader has compiled an articulate and comprehensive guide to the complex process of assessment in youth and adolescent trauma. There are many issues that are important to evaluating children and adolescents, and it is increasingly clear that reliance on just one type of assessment does not provide the most accurate results. From history to recent advances, this book covers a wide range of methods and measures for assessing trauma, including case examples to illustrate the integration of these different facets. Altogether, the broad scope and inclusive depth of this work make it an essential addition to the field of trauma assessment.

2007: 512pp.

Hb: 978-0-415-96073-1: £46.95/\$75.00

Series: *Psychosocial Stress*



Combat Stress Injury

Theory, Research, and Management

Edited by **Charles R. Figley**, Florida State University, USA, and **William P. Nash**, Captain, Medical Corps, United States Navy, USA

Foreword by **Jonathan Shay**

"On all accounts, Figley and Nash have powerfully and significantly achieved what they set out to do. To effectively position health-

care providers, the clergy, and commanders to handle [the] collective expression of operational fatigue and stress, Figley and Nash offer the right paradigm at the right time." - Thomas J. Williams, PsycCRITIQUES

Combat Stress Injury represents a definitive collection of the most current theory, research, and practice in the area of combat and operational stress management, edited by two experts in the field. In

this book, Charles Figley and Bill Nash have assembled a wide-ranging group of authors. The chapters in this volume collectively demonstrate that combat stress can effectively be managed through prevention and training prior to combat, stress reduction methods during operations, and desensitization programs immediately following combat exposure.

2006: 368pp.

Hb: 978-0-415-95433-4: £24.95/\$39.95

Series: *Psychosocial Stress*

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MindBody Medicine

Foundations and Practical Applications

Edited by **Leo W. Rotan**, Florida State University School of Medicine, USA, and **Veronika Ospina-Kammerer**, Florida State University School of Social Work, USA

MindBody Medicine encapsulates a variety of interventions designed to change, strengthen, or enhance a patient's thoughts, emotions, and behaviors in order to promote

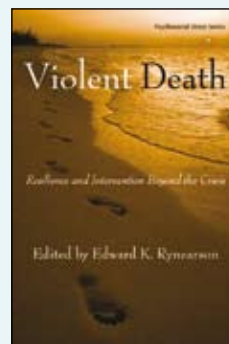
improved health and wellness. Rotan and Ospina-Kammerer have sifted through already existing works on this topic and compiled a comprehensive overview of this expanding field of study. As a result, *MindBody Medicine* provides students and practitioners in a range of health care professions with a guide to more fully understand the relationship between body and mind.

2006: 224pp.

Hb: 978-0-415-95359-7: £24.50/\$38.95

Series: *Psychosocial Stress*

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Violent Death

Resilience and Intervention Beyond the Crisis

Edited by **Edward K. Rynearson**, University of Washington, Seattle, USA

"Encyclopedic in breadth and scholarly in tone, this wonderful volume is easy to read and immediately relevant to the clinician... It is a work of vision, hope and great compassion for these uniquely bereaved individuals."

- **Michael F. Myers**, University of British

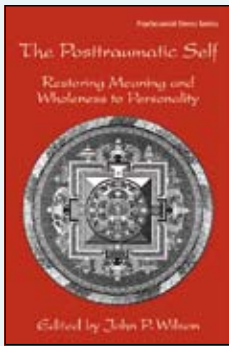
Columbia, Vancouver, Canada, and co-author of *Touched By Suicide: Hope and Healing After Loss*

This book pulls together a definitive collection of work on the theory and practice of clinical, spiritual, and emotional support after the experience of violent death – counseling beyond the crisis. The chapters in this volume, written by national and international experts in the field, provide the reader with the theoretical and clinical bases necessary for planning and implementing clinical and spiritual services to meet the needs of survivors, witnesses, family and community members of violent death.

2006: 416pp.

Hb: 978-0-415-95323-8: £33.00/\$52.95

Series: *Psychosocial Stress*



The Posttraumatic Self Restoring Meaning and Wholeness to Personality

Edited by **John P. Wilson**, Cleveland State University, Ohio, USA

"No author knows more nor better understands the complex and tragic psychic consequences of trauma for the self than John P. Wilson. This is a must-read for everyone from victims to healers... The defining book in the field."

- **Anthony J. Marsella**, University of Hawaii, USA

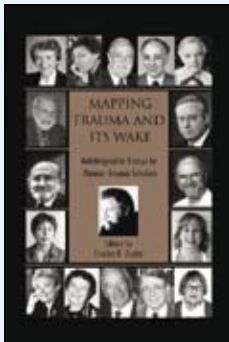
Filling a gap that exists in most traumatology literature, *The Posttraumatic Self* provides an optimistic analysis of the aftermath of a traumatic event. This work appreciates the potentially positive effects of trauma and links those effects to the discovery of one's identity, character, and purpose. Wilson and his distinguished contributors explore the nature and dynamics of the posttraumatic self, emphasizing human resilience and prompting continued optimal functioning. While taking into consideration pathological consequences such as posttraumatic stress disorder (PTSD), the authors study the impacts a traumatic event can have on one's inner self, and they help the victims transform such an event into healthy self-transcendent lifecycles.

2006: 504pp.

Hb: 978-0-415-95016-9: 2005: £62.50/\$99.95

Pb: 978-0-415-95017-6: £28.00/\$44.95

Series: *Psychosocial Stress*



Mapping Trauma and Its Wake Autobiographic Essays by Pioneer Trauma Scholars

Edited by **Charles R. Figley**, Tulane University, Louisiana, USA

"This volume is a historical goldmine from the makers of the recent history in trauma literature. I couldn't put it down! It belongs on every bookshelf of every person interested in trauma

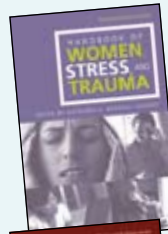
and the development of the field." - **Barbara Olasov Rothbaum**, Emory University School of Medicine, USA

Mapping Trauma and Its Wake is a compilation of autobiographic essays by seventeen of the field's pioneers, each of whom has been recognized for his or her contributions by the *International Society for Traumatic Stress Studies*. Each author discusses how he or she first got interested in the field, what each feels are his or her greatest achievements, and where the discipline might - and should - go from here. This impressive collection of essays by internationally-renowned specialists is destined to become a classic of traumatology literature. It is a text that will provide future mental health professionals with a window into the early years of this rapidly expanding field.

2005: 272pp.

Hb: 978-0-415-95140-1: £31.50/\$49.95

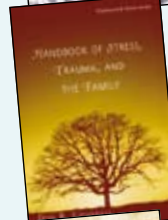
Series: *Psychosocial Stress*



Handbook of Women, Stress and Trauma

Edited by **Kathleen A. Kendall-Tackett**

Hb: 978-0-415-94742-8: 2004: 256pp. £25.00/\$39.95

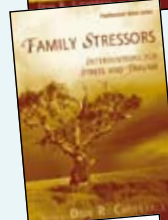


Handbook of Stress, Trauma, and the Family

Edited by **Don R. Catherall**

Hb: 978-0-415-94754-1: 2004: 592pp. £31.00/\$49.95

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Family Stressors Interventions for Stress and Trauma

Edited by **Don R. Catherall**

Pb: 978-0-415-94963-7: 2004: 208pp. £20.00/\$31.95

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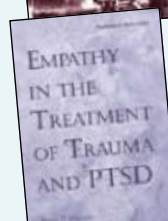
Disaster Mental Health Services A Primer for Practitioners

Diane Myers and David Wee

Hb: 978-1-58391-063-4: 2004: 288pp. £40.00/\$59.95

Pb: 978-1-58391-064-1: 2004: 288pp. £19.95/\$26.95

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Empathy in the Treatment of Trauma and PTSD

John P. Wilson, and Rhiannon Brywnn Thomas

Hb: 978-0-415-94758-9: 2004: 304pp. £26.99/\$39.95

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The Pain of Helping Psychological Injury of Helping Professionals

Patrick J. Morrisette

Pb: 978-0-415-94552-3: 2004: 176pp. £17.99/\$27.95

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Treating Compassion Fatigue

Edited by **Charles R. Figley**

Hb: 978-1-58391-053-5: 2002: 236pp. £27.50/\$49.95

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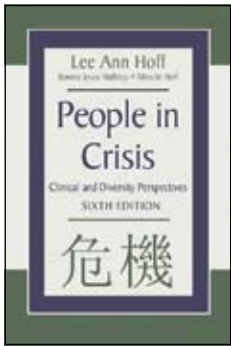
Compassion Fatigue Coping With Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized

Charles R. Figley

Hb: 978-0-87630-759-5: 1995: 292pp. £39.95/\$64.95

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New Edition!

People in Crisis Clinical and Diversity Perspectives

Sixth Edition

Lee Ann Hoff, Life Crisis Institute, USA,
Bonnie Joyce Hallisey, Curry College,
Massachusetts, USA, and **Miracle Hoff**, Drake
Counseling Services, North Dakota, USA

"My graduate students over the years have used People in Crisis for learning how to understand and respond appropriately to multiple personal, national, and international crises faced by people for whom we provide care. The focus on cultural sensitivity and resilience are wonderful additions to the text." - **Betty D. Morgan**, University of Massachusetts-Lowell, USA

The first edition of *People in Crisis*, published in 1978, established success as a comprehensive and user-friendly text for health and social service professionals. This revised edition includes new case examples and expanded coverage of cross-cultural content, including "commonalities and differences" in origins, manifestations, and crisis responses. The authors illustrate the application of crisis concepts, assessment, and intervention strategies across a wide range of health and mental health settings, as well as at home, school, workplace, and in the community. Each chapter contains a closing summary that includes discussion questions, references, and online data sources for maximum application and learning.

SELECTED CONTENTS: Part I: The Understanding and Practice of Crisis Intervention. Crisis Theory and Practice: Introduction and Overview. Understanding People in Crisis. Identifying People at Risk. Helping People in Crisis. Family and Social Network Strategies During Crisis. **Part II: Crisis Related to Developmental and Situational Transitional States.** Stress and Change During Life Passages. Threats to Health and Self-image. Threats to Occupational and Residential Security. **Part III: Suicide, Violence, and Catastrophic Events.** Suicide and Other Self-destructive Behavior: Understanding and Assessment. Helping Self-destructive People and Survivors of Suicide. The Crisis of Victimization by Violence. The Violent or Abusive Person: Individual and Sociocultural Factors. Violence and Crisis from Disaster.

February 2009: 480pp.

Pb: 978-0-415-99075-2: £30.00/\$49.95

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New!

Violence and Abuse Issues Cross-cultural Perspectives for Health and Social Services

Lee Ann Hoff, Life Crisis Institute, USA,

"This extraordinary volume skillfully captures the expansive array of forms in which violence and abuse are expressed. The multi-disciplinary, cross-cultural and comprehensive coverage

of the topic will make this book a significant and welcomed addition to a somewhat scattered body of research literature." - **James Alan Fox**, Northeastern University, Boston, USA

This comprehensive textbook presents theoretical background and practical strategies for doing so, providing a solid knowledge base for

good practice in this area. It emphasizes the interdisciplinary aspects of violence and victim/survivor care and addresses violence over the lifespan. This text is an essential resource for qualified practitioners wanting to learn more about this area and for students starting out in health and social care. Each chapter includes case studies and thinking points, and suggestions for application in practice settings. A companion website provides materials for students and educators, enabling the inclusion of violence issues in an already busy curriculum.

CONTENTS: Part I: Theoretical Perspective and Essential Content.

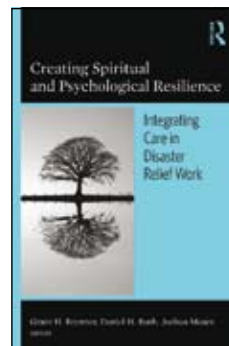
Violence Prevention and Victim/Survivor Care: An International Public Health Issue. Theoretical Framework and Assumptions. CORE Content: Essential Knowledge, Attitudes, Skills. **Part II: Illustrations of Violence Issues Across Disciplines and Cultures: Life Stories and Applications to Clinical Practice.** Woman Abuse/Battering and Implications for Children. Sexual Assault and Physical Abuse during Childhood and Adolescence. Sexual Assault of Adults: Intimate Partner and War Victims. Abuse and Neglect of Older Adults. Abuse, Oppression and Enslavement of Indigenous People Across Continents. Abuse and Battering of Immigrant Minority Women. Perpetrators of Abuse and Violence. **Part III: Professional and Continuing Education Applications.** Violence, Bullying and Abuse in Schools and the Workplace. Implementation Issues: Personal/Professional Victimization. Comprehensive Service Issues: Health and Criminal Justice Interface.

June 2009: 244pp.

Hb: 978-0-415-46571-7: £75.00/\$135.00

Pb: 978-0-415-46572-4: £21.99/\$39.95

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New!

Creating Spiritual and Psychological Resilience Integrating Care in Disaster Relief Work

Edited by **Grant H. Brenner**, Albert Einstein College of Medicine, Mount Sinai School of Medicine, USA, **Daniel H. Bush**, chaplain, and educator, Jerusalem, Israel, and **Joshua Moses**, Director of Research, New York Zen Center for Contemplative Care, USA

"An original and notable contribution to the field of disaster studies. The focus on facilitating the essential collaborative partnerships between mental health and spiritual care providers could not be more timely or more valuable." - **James Halpern**, Director, Institute for Disaster Mental Health, State University of New York at New Paltz, USA

Creating Spiritual and Psychological Resilience: Integrating Care in Disaster Relief Work explores the interface between spiritual and psychological care in the context of disaster recovery work, drawing upon recent disasters including but not limited to, the experiences of September 11, 2001. Each of the three sections that make up the book is structured around the cycle of disaster response and focuses on the relevant phase of disaster recovery work. In each section, selected topics combining spiritual and mental health factors are examined; when possible, sections are co-written by a spiritual care provider and a mental health care provider with appropriate expertise. Existing interdisciplinary collaborations, creative partnerships, gaps in care, and needed interdisciplinary work are identified and addressed, making this book both a useful reference for theory and an invaluable hands-on resource.

SELECTED CONTENTS: Part I: Foundational Considerations for Effective Collaboration. Part II: Collaboration in Action: Tensions, Challenges, and Opportunities. Part III: Collaboratively Nurturing Resilience After Catastrophic Trauma.

October 2009: 264pp.

Hb: 978-0-7890-3454-0: £32.99/\$59.00

Pb: 978-0-7890-3455-7: £21.99/\$39.00

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Dissociation and the Dissociative Disorders DSM-V and Beyond

Edited by **Paul F. Dell**, Trauma Recovery Center, Norfolk, Virginia, USA, and **John A. O'Neil**, McGill University, Montreal, Canada

"This is the definitive source for information on dissociative topics. The editors have compiled a comprehensive resource that includes the most up-to-date information on theory, research, and

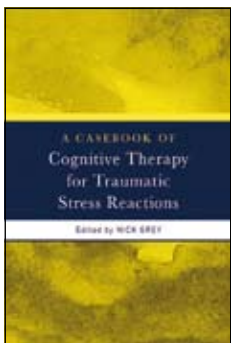
clinical practice from the most authoritative experts in the field. Clinicians and academics alike will benefit from having this book on their shelves and will refer to it often." - **Christine A. Courtois**, Co-editor of *Treating Complex Traumatic Stress Disorders* and author of *Recollections of Sexual Abuse and Healing the Incest Wound: Adult Survivors in Therapy*

Dissociation and the Dissociative Disorders is a book that has no real predecessor in the dissociative disorders field. It reports the most recent scientific findings and conceptualizations about dissociation, defines and establishes the boundaries of current knowledge in the field, identifies and carefully articulates the field's current points of confusion, gaps in knowledge, and conjectures, clarifies the different aspects and implications of dissociation, and sets forth a research agenda for the next decade. In many respects, *Dissociation and the Dissociative Disorders* both defines and redefines the field.

SELECTED CONTENTS: Part I: Dissociation: An Overview. Part II: Developmental Approaches to Dissociation. Part III: Normal and Exceptional Dissociation. Part IV: Acute Dissociation. Part V: Chronic Dissociation. Part VI: Neurobiology of Dissociation. Part VII: The DSM-IV Dissociative Disorders. Part VIII: Dissociation in Posttraumatic Stress Disorder. Part IX: Dissociation in Borderline Personality Disorder and Substance Dependence. Part X: Dissociation and Psychosis. Part XI: Assessment and Measurement of Dissociation. Part XII: Treatment of Dissociation. Part XIII: Toward a Clarified Understanding of Dissociation.

April 2009: 898pp.

Hb: 978-0-415-95785-4: £60.00/\$95.00



New!

A Casebook of Cognitive Therapy for Traumatic Stress Reactions

Edited by **Nick Grey**, South London and Maudsley Foundation NHS Trust, UK

"A Casebook of Cognitive Therapy for Traumatic Stress Reactions is the best book

to date on this topic. This uniformly outstanding casebook thoughtfully illustrates creative and practical treatment guidelines derived from the latest trauma research. I wholeheartedly recommend this book to every

clinician, whether novice or expert, and predict it will quickly become one of the most dog-eared books on your desk from frequent and welcome use." - **Christine A. Padesky**, Co-Founder, Center for Cognitive Therapy, Huntington Beach, California USA

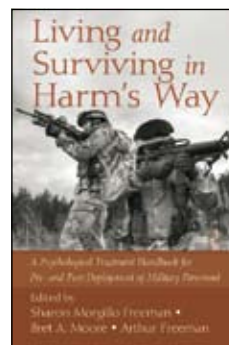
A Casebook of Cognitive Therapy for Traumatic Stress Reactions aims to help therapists who may not have an extensive range of clinical experience. The book includes descriptions and case studies of clinical cases of cognitive behavioural treatments involving people who have experienced traumatic events. All chapters are written by experts in the field and consider what may be learned from such cases. In addition it is considered how these cases can be applied more generally in cognitive behavioural treatments for traumatic stress reactions. This book will be invaluable to all mental health professionals and in particular to therapists wanting to treat people who have experienced traumatic events, allowing them to creatively apply their existing knowledge to new clinical cases.

CONTENTS: Ehlers, Foreword. Grey, Cognitive Therapy for Traumatic Stress Reactions: An Introduction. Moulds, Mastrodomenico, Hopwood, Bryant, Cognitive Therapy for Acute Stress Disorder. Handley, Salkovskis, Hackmann, Ehlers, Travel, Trauma and Phobia: Treating the Survivors of Transport Related Trauma. Stott, Tripping into Trauma: Cognitive-Behavioural Treatment for a Traumatic Stress Reaction Following Recreational Drug Use. Smith, Steel, 'Suspicion is my Friend': Cognitive Behavioural Therapy for Post-Traumatic Persecutory Delusions. Wheatley, Hackmann, Brewin, Imagery Re-scripting for Intrusive Sensory Memories in Major Depression Following Traumatic Experiences. Kennerley, Cognitive Therapy for Post-Traumatic Dissociation. Grey, McManus, Hackmann, Clark, Ehlers, Intensive Cognitive Therapy for Posttraumatic Stress Disorder: Case Studies. Wild, Cognitive Therapy for Posttraumatic Stress Disorder with Permanent Physical Injury. Liness, Cognitive Therapy for Posttraumatic Stress Disorder and Panic Disorder. Stobie, Cognitive Therapy for Posttraumatic Stress Disorder and Obsessive-Compulsive Disorder. Holmes, Butler, Cognitive Therapy and Suicidality in Posttraumatic Stress Disorder: And Recent Thoughts on Flashbacks to Trauma versus "Flash-forwards" to Suicide. Stallworthy, Cognitive Therapy for People with Posttraumatic Stress Disorder to Multiple Events: Working Out Where to Start. Duffy, Gillespie, Cognitive Therapy for Posttraumatic Stress Disorder Arising from Terrorist Violence and Civil Conflict. Lee, Compassion-focused Cognitive Therapy for Shame-based Trauma Memories and Flashbacks in Posttraumatic Stress Disorder. Young, Cognitive Therapy for Survivors of Torture. Mueller, The Role of Narrative Exposure Therapy in Cognitive Therapy for Refugees and Asylum Seekers. d'Ardenne, Farmer, Using Interpreters in Trauma Therapy.

July 2009: 328pp.

Hb: 978-0-415-43802-5: £60.00/\$100.00

Pb: 978-0-415-43803-2: £24.99/\$42.95



New!

Living and Surviving in Harm's Way

A Psychological Treatment Handbook for Pre- and Post-Deployment of Military Personnel

Edited by **Sharon Morgillo Freeman**, Indiana/Purdue University, USA, **Bret A. Moore**, Indian Health Service in Poplar, Montana, USA, and **Arthur Freeman**, Philadelphia College of Osteopathic Medicine, USA

"Living and Surviving in Harm's Way contains a masterful understanding of the American defender by the collaborators which merits serious attention from those responsible for the welfare of the guardians of our republic and the freedoms we adore. This book is a must read for military

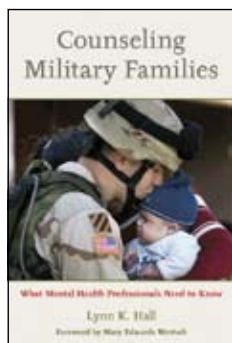
leaders who wish to understand their soldiers, and anyone interested in understanding the often misrepresented challenges warriors are faced with." - **Thomas Gonzalez**, Command Sergeant Major, 71st EOD Group, Fort Carson, Co., USA

In *Living and Surviving in Harm's Way*, experts investigate the psychological impact of how warriors live and survive in combat duty. They address the combat preparation of servicemen and women, their support systems, and their interpersonal and intrapersonal experiences. The text maintains a focus on cognitive-behavioral interventions for treating various combat-related disorders, and addresses psychological health and adjustment after leaving the battlefield. The text is logically organized for easy reading and reference, and covers often overlooked topics such as preparation and training of service personnel, women in combat, and the indirect effects of combat stress on family. This book is written by clinicians who have in some ways experienced what they write about, and resonates with mental health professionals, servicemen and women, and their families. Any clinician hoping to treat a serviceman or woman effectively cannot afford to overlook this book.

CONTENTS: Beck, Foreword. Freeman, Freeman, Moore, Introduction. Understanding the Service Member. Matthews, The Soldier's Mind: Motivation, Mindset, and Attitude. Stivers, Sammons, Training for Battle: Preparing to be the Warrior and Savior. Reger, Moore, Challenges and Threats of Deployment. Kennedy, Malone, Integration of Women into the Modern Military. On Being a Service Member. Kelly, Vogt, Military Stress: Effects of Acute, Chronic, and Traumatic Stress on Mental and Physical Health. Freeman, Freeman, Vulnerability Factors: Raising and Lowering the Threshold for Response. Conoscenti, Vine, Papa, Litz, Scanning for Danger: Readjustment to the Non-combat Environment. Freeman, Freeman, Assessment and Evaluation: Collecting the Requisite Building Blocks for Treatment Planning. The Individual Service Member: Intervention. Freeman, Moore, Theoretical Base for Treatment of Military Personnel. Meichenbaum, Core Psychotherapeutic Tasks with Returning Soldiers: A Case Conceptualization Approach. Riggs, Treatment of Anxiety Disorders. Rudd, Campise, Depression and Suicide: A Diathesis-stress Model for Understanding and Treatment. Freeman, Hurst, Substance Use, Misuse, and Abuse: Impaired Problem Solving and Coping. Moore, Krakow, Characteristics, Effects, and Treatment of Sleep Disorders in Service Members. Moore, Hopewell, Grossman, After the Battle: Violence and the Warrior. Freeman, Lundt, Swanton, Moore, Myths and Realities of Pharmacotherapy in the Military. The Service Member's Family and Community: Intervention. Mabe, War and Children Coping with Parental Deployment. Lyons, Intimate Relationships and the Military. Cohen, Goodman, Campbell, Carroll, Campagna, Military Children: The Sometimes Orphans of War. Penk, Ainspan, Community Response to Returning Military. Drescher, Burgoyne, Casas, Lovato, Curran, Pivar, Foy, Issues of Grief, Loss, Honor, and Remembrance: Spirituality and Work with Military Personnel and their Families. Peterson, Cigrang, Isler, Future Directions: Trauma, Resilience and Recovery Research.

June 2009: 543pp.

Hb: 978-0-415-98868-1: £28.00/\$44.95



Counseling Military Families

What Mental Health Professionals Need to Know

Lynn K. Hall, Western New Mexico University, USA

Counseling Military Families helps the practicing counselor understand how the military works, what issues are constants for the military family, and what stressors

the military member and the family face. The book describes military life, including demographic information and examples of military family issues, before delving into specific chapters focused on

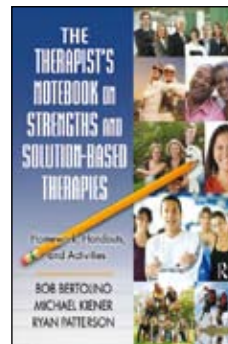
problems unique to military personnel, spouses, and children. This book presents treatment models and targeted interventions tailored for use with military families, including those who may have an ingrained resistance to asking for help and who often are available for counseling for a relatively short period of time.

CONTENTS: Setting the Stage. Introduction: Rational and Purpose. Military Service Members. The Military Family. The Unique Culture of the Military. The Military Family. The Children. Other Military Families to Consider. Working with Military Families. Major Challenges of Military Families. The Transition Journey. Effective Interventions. Military Family Case Studies. Resources.

2008: 288pp.

Hb: 978-0-415-95687-1: £53.00/\$85.00

Pb: 978-0-415-95688-8: £18.95/\$29.95



New!

The Therapist's Notebook on Strengths and Solution-Based Therapies

Homework, Handouts, and Activities

Bob Bertolino, and Michael Kiener, both at Maryville University, St. Louis, Missouri, USA,

and Ryan Patterson, licensed clinical social worker, and director of clinical services, Youth in Need, Inc., St. Louis, Missouri, USA

The Therapist's Notebook on Strengths and Solution-Based Therapies offers multiple pathways for those in helping relationships to employ strengths and solution-based (SSB) principles and practices as a vehicle for promoting positive change with individuals, couples, and families. The 100 exercises in this book are based on a series of core principles that are not only central to solution-based therapies; they have been demonstrated through research as essential to successful outcome. Readers will learn about processes and practices that are supported by research and are collaborative, competency-based, culturally sensitive, client-driven, outcome-informed, and change-oriented. The text is categorized into seven parts, each formatted similarly to ensure easy accessibility. Practitioners will find their therapy enhanced, with a greater ability to improve their clients' well-being, relationships, and social roles.

SELECTED CONTENTS: Part I: Becoming Strengths and Solution-Based (SSB): Creating a Context for Change. Part II: Getting Focused: Exploring Strengths and Solutions in Information-gathering. Part III: Reconnection to Self: Experience, Affect, and Emotion. Part IV: Exploring New Worlds of Possibility: Changing Perspectives and Perceptions. Part V: Lives in Motion: Changing Patterns of Action and Interaction. Part VI: Narratives of Transformation? Change, Progress, Transitions, and Endings. Part VII: Creating a Culture of Care and Respect: Consultation, Supervision, and Development.

May 2009: 200pp.

Hb: 978-0-415-99415-6: £27.95/\$49.95



The Past in the Present Therapy Enactments and the Return of Trauma

Edited by **David Mann**, NHS Trust, Kent, UK, and **Valerie Cunningham**, in private practice, Tunbridge Wells, UK

"What a gift of a book. Honest, effectively theorised self-revelation, without shame or defence, by experienced practitioners; accessible chunks of narrative and chewy, interesting, joined-up theory. A good book to dip into

as well as to think deeply about the interconnections between theory and practice and how that plays out in real lives in real therapeutic relationships." - **Sandy Hutchinson Nunns**, *The Independent Practitioner*

The Past in the Present brings together, for the first time, contemporary ideas from both the psychoanalytic and humanistic therapy traditions, looking at how trauma and enactments affect therapeutic practice.

Enactments are often experienced as a crisis in therapy and are understood as symbolic interactions between the client and therapist, where personal issues of both parties become unconsciously entwined. This is arguably especially true if the client has undergone some form of trauma. This trauma becomes enacted in the therapy and becomes a turning point that significantly influences the course of therapy, sometimes with creative or even destructive effect.

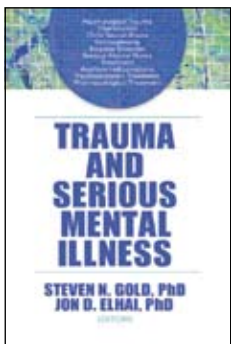
Using a wealth of clinical material throughout, the contributors show how therapists from different therapeutic orientations are thinking about and working with enactments in therapy, how trauma enactment can affect the therapeutic relationship and how both therapist and client can use it to positive effect.

CONTENTS: Mann, Cunningham, Introduction. Mann, Enactments and Trauma: The Therapist's Vulnerability as the Theatre for the Patient's Trauma. Cunningham, Mutual Enactments Within the Therapeutic Relationship. Adams, The Abandonment: Enactments from the Patient's Sadism and the Therapist's Collusion. Harding, The Ghost at the Feast: Enactments of Cumulative Trauma in the Therapeutic Relationship. Cornell, Loves and Losses: Enactments in the Disavowal of Intimate Desires. Case, Action, Enactment and Moments of Meeting in Therapy with Children. Kenward, Bad Faith in Practice: Enactments in Existential Psychotherapy. Marsden, Knight-Evans, Tangled Webs: Enactments on an Inpatient Ward for Eating Disorders. Embleton Tudor, Tudor, Past Present: Person-Centred Therapy with Trauma and Enactment. Webster, The Therapist as a 'Bad Object': The Use of Countertransference Enactment to Facilitate Psychoanalytic Therapy. McDermott, Working with Refugees: An Enactment and Guilt. Wieland, Chronic and Acute Enactment: The Passive Therapist and the Perverse Transference.

2008: 216pp.

Hb: 978-0-415-43369-3: £55.00/\$90.00

Pb: 978-0-415-43370-9: £19.99/\$35.95



Trauma and Serious Mental Illness

Edited by **Steven N. Gold**, Center for Psychological Studies, Nova Southeastern University, Florida, USA, and **Jon D. Elhai**, University of South Dakota, USA

For decades, the idea that serious mental illnesses (SMIs) are almost exclusively biologically-based and must be treated pharmacologically has been commonplace in psychology literature. As a result, many

mental health professionals have stopped listening to their clients,

categorizing their symptoms as manifestations of neurologically-based disturbed thinking. *Trauma and Serious Mental Illness* is the groundbreaking series of works that challenge this standard view and provides a comprehensive introduction to the emerging perspective of SMIs as trauma-based. Each extensively-referenced chapter in *Trauma and Serious Mental Illness* offers mental health workers a forward-looking theoretical inquiry, empirical study, or critical treatise providing compelling counter evidence to challenge the widespread belief that SMIs are not reactions to the extreme and extremely disturbing circumstances embodied by psychological trauma.

Trauma and Serious Mental Illness is an eye-opening resource for mental health professionals, psychologists, counselors, psychiatrists, social workers, trauma workers, and educators and students in these disciplines.

CONTENTS: Gold, Trauma and Serious Mental Illness: Is the Pendulum About to Swing? Conceptual Frameworks. Hammersley, Read, Woodall, Dillon, Childhood Trauma and Psychosis: The Genie is Out of the Bottle. Ross, Dissociation and Psychosis: Conceptual Issues. Moskowitz, Corsten, Auditory Hallucinations: Psychotic Symptom or Dissociative Experience? Empirical Studies. Faust, Stewart, Impact of Child Abuse Timing and Family Environment on Psychosis. Grubaugh, Cusack, Yim, Knapp, Frueh, Gender Differences in Relationship Patterns Between Adverse Psychiatric Experiences, Lifetime Trauma, and PTSD. Clinical Applications. Levy, The Broad Relationship Between Bipolar Disorder and Disorders of Psychological Trauma: Time-limited to Life-long Need for Mood Stabilizers. Karon, Trauma and Schizophrenia. Index. Reference Notes Included.

2008: 170pp.

Hb: 978-0-7890-3650-6: £25.00/\$40.00

Pb: 978-0-7890-3651-3: £16.00/\$25.95



Moving On After Childhood Sexual Abuse

Understanding the Effects and Preparing for Therapy

Jonathan Willows, Sussex Partnership NHS Trust, UK

This self-help guide allows those who have experienced childhood sexual abuse to consider the impact that it has had on their

adult lives from a new perspective, helping them to understand the effects, and prepare for therapy.

Based on known reactions to physical and emotional trauma, the book explains how a broad range of difficulties in adulthood can result from sexual abuse in childhood. The reader is invited to think about how psychological therapy can be particularly helpful in reducing these difficulties and promoting change. Ground rules for therapy are provided, as well as guidance on how to get the most from the therapy process.

Moving On After Childhood Sexual Abuse provides a clear explanation of the developmental effects of childhood sexual abuse as well as the role of psychological therapy. This book will therefore assist the reader in making informed decisions about seeking treatment and setting personal goals for therapy, as well as appreciating the demands involved in the process of change.

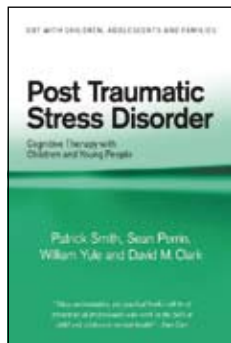
CONTENTS: Part I: Childhood Sexual Abuse, An Introduction and Overview. Introduction: About This Book and How to Use It. Childhood Sexual Abuse – A Definition and Overview. The Impact of Childhood Sexual Abuse Upon the Individual. Beyond the Individual, Child Sexual Abuse and Society. Review and Exercise. **Part II: Childhood Sexual Abuse and Child Development.** An Introduction to Child Development. Models of Child

Development. What Happens if Things Go Wrong? Risk Factors and a Useful Summary. Review and Exercise. **Part III: Childhood Sexual Abuse and Adulthood.** Introduction. Symptoms and Diagnoses. Focus on Post-Traumatic Stress Disorder. Focus on Personality Disorder. Putting it All Together – A Joined Up Approach. Review and Exercise. **Part IV: Psychological Therapy.** Introduction. Psychological Therapies. Some Ground-rules for Psychological Therapy. More Issues to Consider Before Starting Therapy. Review and Some Final Thoughts. Further Information, Links and Contacts.

2008: 200pp.

Hb: 978-0-415-42482-0: £50.00/\$90.00

Pb: 978-0-415-42483-7: £12.99/\$23.95



New!

Post Traumatic Stress Disorder

Cognitive Therapy with Children and Young People

Patrick Smith, Sean Perrin, William Yule and David M. Clark, all at the Institute of Psychiatry, King's College, London, UK

"Post Traumatic Stress Disorder provides state-of-the-art guidance on how to effectively treat this neglected disorder. Written by leading experts in the field and filled with clinical wisdom this book will be an invaluable resource for mental health professionals who work with traumatized children and adolescents and their parents."

- **Professor Anke Ehlers**, King's College London, UK

Post traumatic stress disorder develops after exposure to one or more terrifying events that have caused, or threatened to cause the sufferer grave physical harm. This book discusses how trauma-focused cognitive therapy can be used to help children and adolescents who suffer from post traumatic stress disorder.

Cognitive therapy is frequently used to treat adults who suffer from PTSD with proven results. Post Traumatic Stress Disorder provides the therapist with instructions on how CT models can be used with children and young people to combat the disorder.

The authors provide case studies and practical tips, as well as examples of self-report measures and handouts for young people and their parents which will help the practitioner to prepare for working with this difficult client group.

Post Traumatic Stress Disorder is an accessible, practical, clinically relevant guide for professionals and trainees in child and adolescent mental health service teams who work with traumatized children and young people.

CONTENTS: Introduction to Cognitive Therapy for PTSD with Children and Adolescents. Post Traumatic Stress Disorder. Assessment. Formulation and Treatment Planning. CT for PTSD Methods. CT for PTSD with Adolescents. CT for PTSD with Young Children. Common Hurdles in Treatment. Co-morbidity. Future Issues. Appendices.

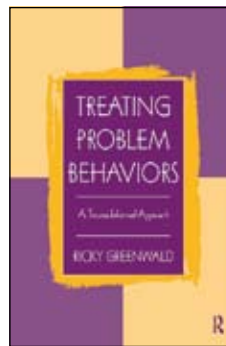
September 2009: 224pp.

Hb: 978-0-415-39163-4: £55.00/\$95.00

Pb: 978-0-415-39164-1: £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*

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New!

Treating Problem Behaviors

A Trauma-Informed Approach

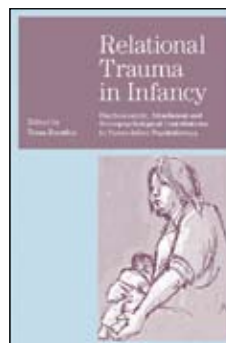
Ricky Greenwald, founder, executive director and faculty chair, Child Trauma Institute, Greenfield, Massachusetts, USA

The book is designed as a user-friendly textbook/manual for mental health professionals. It teaches a trauma-informed treatment approach as an organizing framework for a series of empirically supported interventions including motivational interviewing, cognitive-behavioral skills training, trauma resolution, and relapse prevention. Although it notes the importance of a systemic treatment approach, the focus is on the individual component of treatment.

CONTENTS: Introduction. Trauma-Informed Treatment for Problem Behaviors. Initial Interview. History. Motivation. Treatment Contract. Avoid High Risk. Self-control Skills. More Skills and Strategies. Reduce Stress. Trauma Resolution. Anticipate Future Challenges. Challenging Cases. Appendices.

May 2009: 376pp.

Pb: 978-0-415-99801-7: £25.00/\$44.95



Forthcoming!

Relational Trauma in Infancy

Psychoanalytic, Attachment and Neuropsychological Contributions to Parent-Infant Psychotherapy

Edited by **Tessa Baradon**, Anna Freud Centre, London, UK

"For all those trying to address serious difficulties in early parent-infant relationships, this book will be an invaluable and timely resource. It is a work of impressive contemporary scholarship and brings a wealth of clinical experience and authority to this vitally important arena."

- **Peter Toolan**, Principal Child Psychotherapist, The Maudsley Perinatal Psychotherapy Service, London, UK

This book presents an interdisciplinary discussion between researchers and clinicians about trauma in the relationship between infants and their parents. It makes an innovative contribution to the field of infant mental health in bringing together previously separated paradigms of relational trauma from psychoanalysis, attachment and the neurosciences.

With contributions from a range of experts, areas of discussion include:

- intergenerational transmission of relational trauma and earliest intervention
- the nature of the traumatising encounter between parent and infant
- the therapeutic possibilities of parent-infant psychotherapy in changing the trajectory of transmitted trauma
- training and supporting professionals working with traumatised parents and infants.

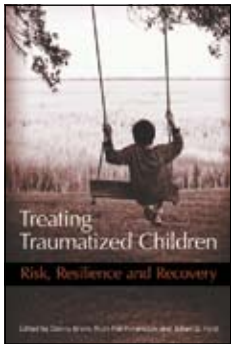
Relational Trauma in Infancy will be of particular interest to trainee and qualified child and adult psychotherapists, clinical psychologists, child and adult psychiatrists, psychoanalysts, health care professionals and social workers.

Contents: Mayes, Introduction. Baradon, Preface. Pretorius, Research into Genetic and Environmental Contributors to the Intergenerational Transmission of Disorganised Attachment Relationships. Schore, Relational Trauma and the Developing Right Brain: The Neurobiology of Broken Attachment Bonds. Woodhead, Trauma in the Crucible of the Parent-Infant Relationship: The Baby's Experience. Joyce, Infantile Psychosomatic Integrity and Maternal Trauma. Jones, The Traumatic Sequelae of Pathological Defensive Processes in Parent-Infant Relationships. James, Newbury, Infants, Relational Trauma and Homelessness: Therapeutic Possibilities Through a Hostel Baby Clinic Group and its Research Evaluations. Tomas, Chakraborty, Babies Behind Bars: Working with Relational Trauma in Prison. Dalley, Containment of Trauma – Working in The Community. Baradon, Discussion: And What About Fathers? Slead, Fonagy, Understanding Disruptions in the Parent-Infant Relationship: Are Words Enough? Baradon, Bronfman, Contributions and Divergences between Clinical Work and Research Tools Relating to Trauma and Disorganisation. Broughton, Measuring the Parent-Infant Relationship. Steele, Steele, Murphy, The Adult Attachment Interview and Relational Trauma: Implications for Parent-Infant Psychotherapy. Baradon, Epilogue: 'Ghosts and Angels in the Nursery' – Windows of Opportunity and Remaining Vulnerability.

December 2009: 228pp.

Hb: 978-0-415-47374-3: £60.00/\$100.00

Pb: 978-0-415-47375-0: £20.99/\$34.95



Treating Traumatized Children

Risk, Resilience and Recovery

Edited by **Danny Brom**, and **Ruth Pat-Horenczyk**, both at the **Israel Center for the Treatment of Psychotrauma, Israel**, and **Julian D. Ford**, **University of Connecticut, USA**

"An excellent and diverse set of reviews that puts resiliency on the child trauma map,

and provides promising directions for research, policy, and practice."

- **Ricky Greenwald**, Founder/Executive Director, Child Trauma Institute, USA

While recent years have seen a vast increase in the literature on adult trauma, interest in childhood trauma has only recently started to gain momentum, encouraging new research and evidence-based interventions.

Here the editors have brought together an international list of contributors to look at both innovative and established treatments of trauma in a range of contexts, and provide up-to-date coverage of what is on offer in prevention, assessment, treatment and research.

Treating Traumatized Children provides professionals with an up-to-date international perspective on the subject, as well as helping professionals and researchers develop future treatments based on current evidence.

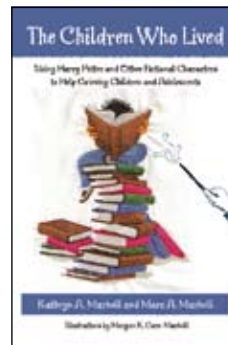
CONTENTS: Ford, Pat-Horenczyk, Brom, Introduction. Layne, Beck, Rimmasch, Southwick, Moreno, Hobfoll, Promoting "Resilient" Posttraumatic Adjustment in Childhood and Beyond: "Unpacking" Life Events, Adjustment Trajectories, Resources, and Interventions. **Part I: Risk and Protective Factors.** Pat-Horenczyk, Rabinowitz, Rice, Tucker-Levin, The Search for Risk and Protective Factors in Childhood PTSD: From Variables to Processes. Cohen, Parenting in the Throes of Traumatic Events: Risks and Protection. Keren, Tyano, A Developmental Approach: Looking at the Specificity of Reactions to Trauma in Infants. Knight, Geltman, Ellis, Physical and Mental Health Functioning in Sudanese Unaccompanied Minors. Bifulco, Risk and Resilience in Young

Londoners. **Part II: Resilience.** Brom, Kleber, Resilience as the Capacity for Processing Traumatic Experiences. Hobfoll, Horsey, Lamoureux, Resiliency and Resource Loss in Times of Terrorism and Disaster: Lessons Learned for Children and Families and Those Left Untaught. Tol, Jordans, Reis, Jong, Ecological Resilience: Working with Child-related Psychosocial Resources in War-affected Communities. Meichenbaum, Bolstering Resilience: Benefiting from Lessons Learned. **Part III: Recovery: Empirically-based Systemic Interventions for Traumatized Children.** Ford, Albert, Hawke, Prevention and Treatment Interventions for Traumatized Children: Restoring Children's Capacities for Self-Regulation. Van Horn, Lieberman, Using Dyadic Therapies to Treat Traumatized Young Children. DeRosa, Pelcovitz, Group Treatment for Chronically Traumatized Adolescents: Igniting SPARCS of Change. Saltzman, Babayon, Lester, Beardslee, Pynoos, Family-based Treatment for Child Traumatic Stress: A Review and Report on Current Innovations. Kagan, Transforming Troubled Children into Tomorrow's Heroes. Pat-Horenczyk, Ford, Brom, Toward a Developing Science and Practice of Childhood Traumatic Stress: Concluding Comments

2008: 304pp.

Hb: 978-0-415-42636-7: £60.00/\$100.00

Pb: 978-0-415-47150-3: £24.99/\$43.95



The Children Who Lived

Using Harry Potter and Other Fictional Characters to Help Grieving Children and Adolescents

Kathryn A. Markell, Anoka-Ramsey Community College, Minnesota, USA, and **Marc A. Markell**, St. Cloud State University, Minnesota, USA,

Harry Potter's encounters with grief, as well as the grief experiences of other fictional characters, can be used by educators, counselors, and parents to help children and adolescents deal with their own loss issues. *The Children Who Lived* is a unique approach toward grief and loss in children. Focusing on fictional child and adolescent characters experiencing grief, this book uses classic tales and the Harry Potter books to help grieving children and adolescents. Included in the text, and the companion CD, are a number of activities, discussion questions, and games that could be used with grieving children and adolescents, based on the fictional characters in these books.

CONTENTS: Introduction: The Children Who Lived. Using the Harry Potter Books by J. K. Rowling to Help Grieving Children and Adolescents. Hogwarts Houses and Other Ways to Identify with Characters. Thestrals and Ghosts: Death in the Harry Potter Books. Riddikulus: Helping Grieving Children and Adolescents Deal with their Anxieties and Fears. Using Magical Objects to Cope With Grief. Four Other Novels to Help Grieving Children and Adolescents. *Charlotte's Web* by E. B. White. *The Secret Garden* by Frances Hodgson. *Where the Red Fern Grows* by Wilson Rawls. *Ordinary People* by Judith Guest. Wizard Challenge Game Rules and Guidelines. Word Games. Solace the Story Dragon Activity. More Craft Ideas. No-sew Themed Scarves or Blankets. Other No-sew Fabric Projects. Making Memory Boxes. Decorating Picture Frames. Decorating Porcelain Objects. Harry Potter Glossary.

2008: 208pp.

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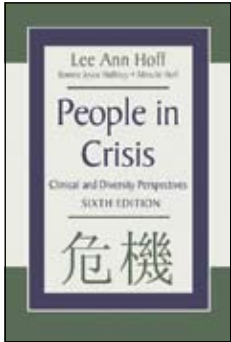
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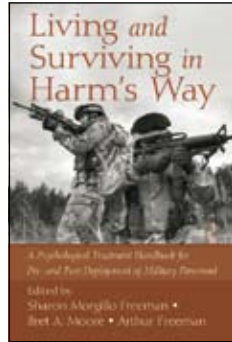
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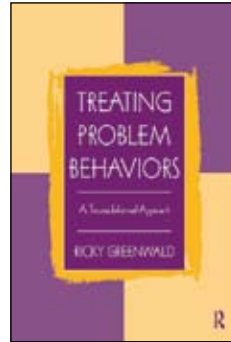
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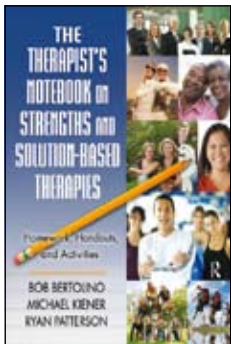
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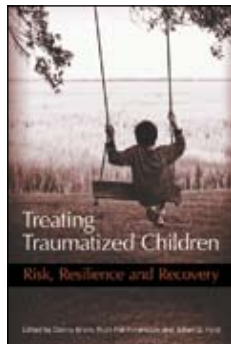
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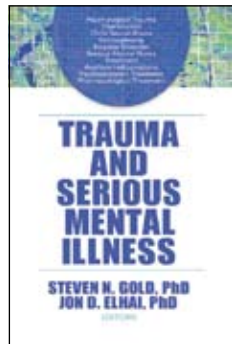
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 email: orders@taylorandfrancis.com

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